

Sessions highlighted in yellow are BCBA eligible

Wednesday, 26 July (Morning)						
ALL TIMES ARE IN NICOSIA'S LOCAL TIME ZONE (Eastern European Summer Time - EEST)						
		8:00 - 8:50	9:00 - 10:30	10:30 - 11:00	11:00 - 12:00	12:00 - 12:15
ROOM		PLENARY		SESSIONS		
Gymnasium	Sports Centre		1. Using models and ontologies to enable behaviour change - Michie (<i>Int. Vasilou</i>) (Plenary)			
119	XQΔ02 Level: 1				2. Acceptance - How do I actually use and teach it now? - Ebert* (Workshop)	
007	XQΔ02 Level: 0	I want to become a Peer-Reviewed ACT Trainer - Manzione*, Pegrum*			3. Supporting the carers: The use of ACT to enhance wellbeing and increase skills in palliative care settings - Gillanders*, Finucane, Dempster, Owen* (Symposium)	
008		First Timer Event - Information & Networking - Borushok*			4. Mindfulness, Measurement, and Dissemination Issues in ACT - Mattes, Holmberg Bergman, Ferreira, Orkopoulou (Symposium)	
009					5. Measurement matters: Addressing psychometric concerns with empirically based innovations in measurement of psychological flexibility-related constructs - Spencer, Christodoulou, Rogge, McCloskey, Borgogna, Gloster (Symposium)	
B104	XQΔ02 Level: B1				6. PART 1: Functional Analytic Psychotherapy (FAP): Creating Intense and Curative Therapeutic Relationships by Focusing on Emotional and Interpersonal Targets - Tsai, Kuei, Maitland, Sanida, Rolim de Moura, Muñoz-Martínez (Workshop)	
B105					7. End the Insomnia Struggle: Individualizing CBT-I Using ACT - Ehrnstrom (Workshop)	
B108					8. PART 1: ACT for Adult ADHD (Attention Deficit Hyperactivity Disorder) - Leonard-Curtin* (Workshop)	
B204	XQΔ02 Level: B2				9. PART 1: Mind, Body, SAC: CBS and Our Spiritual Dimension - Robb* (Workshop)	
B205					10. PART 1: Acceptance and Commitment Therapy for Managing Cravings and Addictive Behaviors - Kelly, Karekla* (Workshop)	
B210					11. PART 1: United we stand: Working with cultural values building on ACT and Prosocial Model - Fung, Kurumiya (Workshop) Eligible for BACB ETHICS CEUs	
B211					12. The contribution of interbehaviorism - Parrott Hayes, Luciano*, Fryling, Törneke* (Panel)	
B108	Leventis Level: B1				13. CBS Competencies in Psychotherapy: The Good, The Bad, and the Need - Manzione*, S. Hayes*, Kolts, Walser*, Wright* (Panel)	

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Wednesday, 26 July (Afternoon)												
ALL TIMES ARE IN NICOSIA'S LOCAL TIME ZONE (Eastern European Summer Time - EEST)												
ROOM		12:15 - 13:15	13:15 - 14:45	14:45 - 15:45	15:45 - 16:15	16:15 - 17:15						
		SESSIONS	14:00 - 14:40	SESSIONS		Plenary						
Gymnasium	Sports Centre					33. Are we there yet? Digitally moving towards the future of contextual behavior science - Karekla* (Int. Gloster) (Plenary)						
	XQΔ02 Level: 1	14. A process-based approach to emotional struggles: A unique model! - Zurita Ona (Workshop)		21. How does this end? An empirical account of therapy termination - Nicolescu, Ionescu (Workshop)								
	XQΔ02 Level: 0	15. Verbal interaction analysis in clinical context: Examples of using observational methodology to study the basic processes - Andrés López, Trujillo Sánchez, Estal Muñoz, Pereira Xavier, Alonso-Vega (Symposium)	LUNCH	How to build a vibrant ACBS Chapter - Welfing Wittebrood, Steenkamp	22. ACT for elite athletes - Lundgren, Ronkainen, Nikander, S. Hayes* (Symposium)	COFFEE						
		16. Technology Assisted ACT Interventions in the Context of Fear of Flying, Living With Muscular Sclerosis, and Caring for Someone With Dementia - Neofotistou, Atefi, Keinonen, Theodorou (Symposium)		Applying ACT to Addictions SIG Meeting - Svanberg	23. CBS approaches in the context of Cardiovascular Disease - Maitland, Muñoz-Martinez, McCorry, O'Neill (Symposium)							
		17. ACT in health: The experience of patients and their families in facing illness - Gillanders*, Valota, Zacharia (Symposium)		Meet the editors for the <i>Journal of Contextual Behavioral Science</i> - Levin	24. From Magis mobile games to Student Compass - Mobile technology to increase psychological flexibility in children, adolescents and young adults - R. Lappalainen (Int. Loutsiou) (Invited)							
	XQΔ02 Level: B1	6. PART 2: Functional Analytic Psychotherapy (FAP): Creating Intense and Curative Therapeutic Relationships by Focusing on Emotional and Interpersonal Targets - Tsai, Kuei, Maitland, Sanida, Rolim de Moura, Muñoz-Martinez (Workshop)	LUNCH		25. Investigating the Underlying Processes Beyond Our Self-Labels - Sanida, Lemay, Brandolin (Workshop)		TEA					
		18. The MAGPIES Emotion Regulation Module: An ACT and RFT-Based Group Intervention for Children Struggling with Difficult Emotions - Kirsten, Cassidy* (Workshop)			26. The use of chairwork to develop psychological flexibility: Taking perspective on human yearnings - Prevedini, Zucchi (Workshop)							
		8. PART 2: ACT for Adult ADHD (Attention Deficit Hyperactivity Disorder) - Leonard-Curtin* (Workshop)			27. Flexibility around the clock: How to promote a less rigid and values-based approach toward sleep - Lawson, Richdale, Morris (Workshop)							
	XQΔ02 Level: B2	9. PART 2: Mind, Body, SAC: CBS and Our Spiritual Dimension - Robb* (Workshop)		LUNCH				28. Love in the Room: How to evoke therapeutic love within ethical boundaries and address the stigma of therapist attraction, management and prevention - Kuei, Skinta* (Workshop)	COFFEE			
		10. PART 2: Acceptance and Commitment Therapy for Managing Cravings and Addictive Behaviors - Kelly, Karekla* (Workshop)						29. Values Traps: Recognizing and Mastering Common Obstacles when Harnessing Values in ACT - Rhodes, Gold (Workshop)				
		11. PART 2: United we stand: Working with cultural values building on ACT and Prosocial Model - Fung, Kurumiya (Workshop) Eligible for BACB ETHICS CEUs						30. One day ACT workshops for individuals with distress and/or chronic health conditions - Dindo (Workshop)				
	Leventis Level: B1	19. The Use of Digital Technology in ACT-Based Assessment and Intervention - R. Lappalainen, Levin, Vasiliou, Maragakis, Merwin* (Panel)								31. The practicalities of using ACT and RFT interventions with children and young people - Cassidy*, Stapleton, Kirsten, Coyne*, L. Hayes* (Panel)	TEA	
		20. Learning and Teaching Process Based Approaches to Therapy: Reflections From the Field - Gloster, S. Hayes*, McHugh*, Block, Pauli, Larsson (Panel)								32. Breaking the Stigma: ACT Trainers Discuss Troubles Navigating Their Mental and Physical Vulnerabilities and Resiliencies - Robb*, Borushok*, Kjelgaard*, Louma*, Manzione*, Sawyer* (Panel)		

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ROOM		8:30 - 9:20	9:30 - 10:30	10:30 - 11:00	11:00 - 12:00	12:00 - 12:15	
ROOM		SESSIONS			SESSIONS		
Gymnasium	Sports Centre						
	XQA02 Level: 1		Reserved Space		45. PART 1: Speak Up: A CBS Trainer's Guide to Designing and Leading Transformational Workshops with Confidence, Authenticity and Ease - Kjelgaard* (Workshop)		
007	XQA02 Level: 0	Australia & New Zealand Attendee Networking Meeting - Lawson	34. Switch - Using an improv theater game as experiential deictic framing during sessions - Steinkopff*, Domurat (Workshop)	C O F F E E	46. Self-compassion in supervision and transformation of work-related stress - G. Žvelc, M. Žvelc (Workshop)	B R E A K	
008		Diversity, Equity, and Inclusion SIG Meeting - Voi	35. Psychological Flexibility in Education: School-Based and Values-Based Approaches - Christodoulou, Saban-Bernauer, Carlos Maia, Paris, Ferreira, Loutsiou (Symposium)		47. RFT In Action: Implications for working with emotion, intelligence, and cognitive health - Rodriguez-Valverde, Moghaddam, Dawson, Garcia (Symposium)		
009		ACBS Finland Chapter Meeting - Keinonen, Turakka	36. The Pointy End of Values – Using Acceptance and Commitment Therapy (ACT) with people approaching the end of their lives - Lindsay (Workshop)		48. ACT for depression with adults and youth: How to integrate (our) insights from research into your ACT work - A-Tjak*, L. Hayes* (Workshop)		
B104	XQA02 Level: B1	UK and Ireland Chapter Meeting - McHugh*, Lucas*	37. Bringing Functional Analytic Psychotherapy (FAP) to the General Public: Societal Change through the Awareness, Courage & Love (ACL) Global Project - Tsai, O'Connell*, Funke, Sanida, Iuga, Gomes (Workshop)	T E A	49. PART 1: The Heart of Supervision: Promoting a culturally-sensitive supervisory alliance using FAP-Based on Processes - Rolim de Moura, Muñoz-Martínez, Manduchi (Workshop) Eligible for BACB SUPERVISION CEUs	B R E A K	
B105			38. Making sense of therapeutic processes: Methods and analysis of turn-by-turn therapeutic interactions - Muñoz-Martínez, Pereira Xavier, Alonso-Vega, Echevarría-Escalante, Andrés López (Symposium)		50. Multilevel, Multimethod Examination of Psychological Flexibility as a Key Process of Change in Chronic Illness Adaptation - Vasiliou, Martin*, Merwin*, Karekla* (Symposium)		
B108			39. ACT for improving the lives of children, adolescents, and families across the world - Morgan, Alho, A. Lappalainen, P. Lappalainen (Symposium)		51. Development and efficacy testing of ACT models for Autism (ASD), Body Dysmorphism (BDD) and for juveniles in patient criminals with substance abuse disorders - Linde, Pahnke, Målarstig, Lundgren, S. Hayes* (Symposium)		
B204			40. My Pain Keeps Me up All Night!: Treating Pain-Related Insomnia with Acceptance and Commitment Therapy - Martin*, Margolies (Workshop)		52. PART 1: Training in clinical functional analysis - Törneke* (Workshop)		
B205		XQA02 Level: B2	41. "I didn't do my homework, but I want to get better": How to do creative hopelessness compassionately to engage clients in behaviour change - Lucas* (Workshop)		53. PART 1: Working with the self in the context of moral injury treatment - Borges, Walser* (Workshop)		
B210					42. Using the ACT Kidflex with Children and Adolescents: Making ACT Practical, Engaging and Easy to Understand - Black (<i>Int. Rhodes</i>) (Invited Workshop)		54. PART 1: Essentials in psychotherapy: Join us in a treasure hunt - Dahl*, Lydell (Workshop)
B211					43. Working with Refugees and Asylum Seekers from an ACT Perspective - Morroni, Presti*, Czupala (Symposium)		55. Hybrid East Asian and Western Perspectives on ACT - Fung, Kurumiya, Lim, Lee-Baggley*, Robb* (Panel)
B108			Leventis Level: B1		44. Using Tech to Improve Practicing or Researching ACT as a Form of Process-Based Therapy - Jansen, Levin, Karekla*, R. Lappalainen, S. Hayes* (Panel)		56. ACT for kids: Taking into account developmental process and social context in a CBS perspective - Black, Cassidy*, Presti*, Tani (Invited Panel)

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		SESSIONS	14:00 - 14:40	SESSIONS		PLENARY	
Gymnasium	Sports Centre					76. The Power Threat Meaning Framework: A conceptual alternative to the diagnostic model of distress - Johnstone (<i>Int. Walsler*</i>) (Plenary)	
	XQAO2 Level: 1	45. PART 2: Speak Up: A CBS Trainer's Guide to Designing and Leading Transformational Workshops with Confidence, Authenticity and Ease - Kjelgaard* (Workshop)		64. Process-Based Approaches for Community Resilience: Essential skills and procedures - Lordos (Workshop)			
		57. The Batteries metaphor: For clients who struggle with choosing one value over another to take care in the moment - Kossakowska, Baran (Workshop)		65. SchemACT to Heal Attachment Wounds: Integrating Acceptance and Commitment Therapy, Schema Therapy, and Somatic Psychology to Treat Interpersonal Trauma - Lev (Workshop)			
	XQAO2 Level: 0	58. Psychological Flexibility During Large Scale Health Crises - Sebastião, Hernández-López, Prudenzi, Hess, Hudson, Lancaster (Symposium)		66. Parenting in focus! Findings from CBS research - Delemere, Palmeira, Kwan, YAU (Symposium)			
		59. The Unknown Place Game - A Brief Intervention to Navigate Life, Therapy and Change Processes - Steinkopff* (Workshop)		67. Developing Behaviour Change Interventions for Self-Management in Chronic Illness - Araujo-Soares (<i>Int. Vasiliou</i>) (Invited)			
		49. PART 2: The Heart of Supervision: Promoting a culturally-sensitive supervisory alliance using FAP-Based on Processes - Rolim de Moura, Muñoz-Martínez, Manduchi (Workshop) Eligible for BACB SUPERVISION CEUs	LUNCH	What Do You Want ACBS to Be? A Member-Focused Chat with the ACBS Board - Karekla*, Gloster	68. Ignite Session 1 - Lindsay, Kokkinou, Eickleberry, Wiemer, Tulbure, Guthrie (Ignite)		
	XQAO2 Level: B1	60. Fostering Well-Being, Prosocial Behavior, and Climate Action: A Role for Psychological Flexibility and Behavior Analysis? - Villanueva, Aydin, Meshes, Stöbi, Biglan (Symposium)		69. Applications of derived relational responding - Kirsten, Cummins, Marks, Cassidy* (Symposium)			
		61. Promoting University Students' Mental Well-Being Through Digital ACT-Based University Services - Rasanen, Brandolin, Levin, R. Lappalainen, Vasiliou (Symposium)		70. Psychological Flexibility for Improving Mental Health and Reducing Burnout of Healthcare Staff - Prudenzi, Gillanders*, Mariotti, Zacharia, Presti* (Symposium)			
		52. PART 2: Training in clinical functional analysis - Törneke* (Workshop)	LUNCH		71. Working with Therapeutic Ruptures from an ACT Perspective - Walsler*, O'Connell* (Workshop)		
		53. PART 2: Working with the self in the context of moral injury treatment - Borges, Walsler* (Workshop)			72. The Stories We Tell: Understanding Self-as-Context and How to Use It Effectively - Gregg*, Martin* (Workshop)		
	XQAO2 Level: B2	54. PART 2: Essentials in psychotherapy: Join us in a treasure hunt - Dahl*, Lydell (Workshop)			73. Once More, With Feeling: Bringing the Feeling Body into the Therapy Room - Skinta* (Workshop)		
		62. Finding your home in ACBS: How to get (more) connected and involved - Moyer, Evans, Rhodes, Kiel*, Ethington, Cassidy* (Panel)			74. A Song in Your Heart: Finding Your Way & Finding Your Why with Musical Exercises - Moran*, Wright*, Fox (Workshop)		
	Leventis Level: B1	63. Ontology, classification, diagnosis, and categorization of mental and behavioral health: How can we overcome the evils of the past and move towards a more process based functional future? - Karekla*, Michie, Johnstone, S. Hayes*, Araujo Soares (Invited Panel)			75. Shhh, I'm Trying to Sleep! Harnessing the Scientist-Practitioner Lens for the Treatment of Insomnia - Ehrnstrom, El Rafihi-Ferreira, Rhodes, Zakiei (Panel)		

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ROOM		8:30 - 9:20	9:30 - 10:30	10:30 - 11:00	11:00 - 12:00	12:00 - 12:15	
Gymnasium		SESSIONS		SESSIONS			
119	XQΔ02 Level: 1		Reserved Space		88. Designing and Evaluating Contextually-Relevant Family and Community Mental Health and Psychosocial Support for Vulnerable Adolescents in the Middle-East - Bosqui, Brown, Elias, Farah, Jabbour (Symposium)		
007	XQΔ02 Level: 0	Building Relation(ship) Networks: RFT SIG Social Event - Stapleton	77. Reaching individuals across critical age groups: Digital interventions for children, adolescents, and young adults - Keinonen, Hämäläinen, Vasilioi, L. Hayes* (Symposium)	C O F F E E T E A	89. Process Informed Research and Practice: Evidence from in-clinic practice and work with non-clinical paranoia, gambling, and dysphoria - Svitak, Sokić, Pinto, Panayiotou (Symposium)	B R E A K	
008		ACBS Polska Chapter Meeting - Baran	78. Prosociality in Action: Implications for Connecting, Caring, and Compassion Giving - Lord, Atefi, Ferreira, Lefevor (Symposium)		90. Leveraging CBS in the Service of a Better World: From philosophy to pro-environmental and compassionate behavior - Mattes, Delemere, Ferreira (Symposium)		
009		Pain SIG Meeting - Margolies	79. Developing national infrastructures for multisystemic recovery and resilience: A process-based approach - Lordos (Int. Ebert*) (Invited)		91. "ACTing SPORT": A process-based protocol applied to sport ten years after, "WARM-ACT", "Training as a Value", and other updates - Filimberti (Workshop)		
B104	XQΔ02 Level: B1	FAP-SIG Networking Meeting - Muñoz-Martinez	80. PART 1: Developing self-compassion and self-acceptance in neurodivergent adults: From chronic burnout to living a valued life - Kemp (Workshop)	C O F F E E T E A	80. PART 2: Developing self-compassion and self-acceptance in neurodivergent adults: From chronic burnout to living a valued life - Kemp (Workshop)	B R E A K	
B105			81. PART 1: A non-geeky, pragmatic introduction into functional contextualism for ACT-therapists - Kiel* (Workshop)		81. PART 2: A non-geeky, pragmatic introduction into functional contextualism for ACT-therapists - Kiel* (Workshop)		
B108			82. Promote flexible and complex repertoire with simple technology: The matrix in practice with caregivers in different contexts - Oppo, Prevedini, Schweiger, Filimberti, Presti* (Symposium)		92. Getting in Step: Stepped-Care Alternatives to Traditional Therapeutic Approaches and Challenges to Implementation - Maragakis, Levin, Lancaster (Symposium)		
B204		XQΔ02 Level: B2			83. How to be Functionally Weird and Playful ACT therapist? - Stern, Gerstenhaber (Workshop)		93. Buddhist contributions for working practically and experientially with self-as-context - Valentim*, O'Connell* (Workshop)
B205					84. Drop your therapist shovel: Getting unstuck and flexible with Process-Based Creative Hopelessness - Manzione* (Workshop)		94. An introduction to Functional Analysis in FAP: How to use available tools to enhance case conceptualizations - Maitland (Workshop)
B210					85. Flexible relationships: How CBS can help us navigate topics around monogamy and commitment in diverse intimate relationships - Funke, Dreis (Workshop)		95. How to synergize ACT and RFT to facilitate healthy selfing among children and young people: The MAGPIES approach to self-esteem - Stapleton, Cassidy* (Workshop)
B211					86. ACBS Prosocial Evolution - Czupala, Karekla*, Baran, Turakka (Panel)		96. Considerations for End of Life Planning: Encouraging Discussions about Self-Determination from an ACT Lens - Keeman, Rhodes, Walser*, Gregg*, Martin* (Panel)
B108	Leventis Level: B1			87. What is contextual supervision? How do we support CBS practitioners to respond functionally, engage relationally, learn from experience, to provide effective and ethical interventions? - Nicholson, Walser*, Watson, A-Tjak*, Lucas*, Morris (Panel) Eligible for BACB SUPERVISION CEUs	97. What Does No Self and Nonduality Have to Do With ACT Practice? - S. Hayes*, McHugh*, Tirsch, Wilks*, McConnell (Panel)		

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		PLENARY	14:00 - 14:40	SESSIONS		SESSIONS		
Gymnasium	Sports Centre	98. Poetry: Finding a Home in the World - Ó Tuama (Int. L. Hayes*) (Plenary)	L U N C H		C O F F E E T E A			
	XQA02 Level: 1					99. Stoic inspirations for CBS psychotherapists - Ambroziak, Singh (Workshop)	Reserved Space	
	007			ACBS Israeli Chapter Meeting - Stern, Gerstenhaber		100. Promoting wellbeing and psychological flexibility in the general population through CBS approaches - Råihä, Katajavuori, Asikainen, Dell'Orco, Lawson (Symposium)	111. Optimizing Health and Wellbeing with Mindfulness/Acceptance-Based Approaches - Musanje, Trindade, Anastasiades, Ferreira (Symposium)	
	008			XQA02 Level: 0		Romania Chapter Meeting - Nicolescu	101. Psychological Flexibility: Harnessing a Process-Based Approach in Depression and Chronic Health Issues - Belopavlović, Garcia, Kassianos (Symposium)	112. Strengthening Parents with ACT and Compassion-based Interventions - Holmberg Bergman, Wang, Chong, Scagnelli, Ristallo (Symposium)
	009					Social Work SIG Annual Meeting - Gold, Keeman	102. A Balancing ACT: Using Functional Self Disclosure to Authentically Create Connection and Change (Without Being "Too Much", "Distracting" or "Too personal") - Kjelgaard* (Workshop)	113. The Visual Analysis of Acceptance and Commitment Therapy: Flexible Data Collection - Fiorilli (Workshop)
	B104					Greece & Cyprus Chapter Meeting - Vasiliou, Sanida	103. Existence, Death, and Meaning: ACT and endings - O'Connell*, Walsler* (Workshop)	114. Leveraging pro-social responses to address social determinants of distress: Harnessing synergies in CBS Mediterranean chapters - Vasiliou, Stern, Prevedini, Deledda (Workshop)
	B105			XQA02 Level: B1			104. Visual case formulation models to support ACT-based treatments - R. Lappalainen, Keinonen (Workshop)	115. Stoic philosophy and Frankel's logotherapy serve as a foundation for furthering and developing new tools in an ACT-based processing conceptualization - Hamiel (Workshop)
	B108						105. ACT in the Workplace: Nurturing Supportive Environments Within and Across Teams - Prudenzi, Rad, Cassidy*, Brady, Flaxman (Symposium)	116. Ignite Session 2 - Georgiou, Naser, McConnell, Christodoulou, Niquerito-Bozza, Mayo, Petridou (Ignite)
	B204					L U N C H	106. PART 1: Stepping back AND reappraising: A functional contextual approach to moving from cognitive modification to acceptance and defusion strategies with flexibility and purpose - Larsson, Borushok* (Workshop)	106. PART 2: Stepping back AND reappraising: A functional contextual approach to moving from cognitive modification to acceptance and defusion strategies with flexibility and purpose - Larsson, Borushok* (Workshop)
	B205			XQA02 Level: B2			107. PART 1: Waiting for the sword to drop: Concrete tools for being with uncertainty - Gregg*, Owen* (Workshop)	107. PART 2: Waiting for the sword to drop: Concrete tools for being with uncertainty - Gregg*, Owen* (Workshop)
	B210						108. A hands-on workshop: Using CBS principles to design engaging and efficacious digital mental health tools - Marshall, Mehew, Freer (Workshop)	117. Navigating the Weight of Weight Bias and Discrimination to Move Towards Celebration of Body Diversity - Pegrum* (Workshop)
	B211						109. Interdisciplinary teams: The role of Applied Behavior Analysts in the hospital system - Vinquist, Kuhle, Van Den Beldt, Wise (Panel)	118. The healing power of Acceptance and Commitment Therapy in a hospital setting - Cox, Morgan, Muscara, Gilson (Panel)
	B108			Leventis Level: B1			110. Treating Eating Disorders from an ACT Perspective - Karekla*, Nikolaou, Merwin* (Panel)	119. Applied Behavior Analysis and Trauma: Assessment, Implementation, and Collaboration - Lord, Neal, Huxtable (Panel)

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